

# Speak Up! Share Your Story Via Video

Families, Speak Up, and spread awareness of the importance of child care and early learning!

# **Video Prompts**

# Sample prompts:

Without child care, I wouldn't be able to keep my job as a [PROFESSION]. My name is [NAME] and my child attends [NAME OF CHILD CARE CENTER]. I don't know where I'd be without them and I'm so grateful every day knowing my child is being taken care of so I can support my family.

"My name is [NAME] and I work as a [PROFESSION]. My child/children attend [NAME OF CHILD CARE CENTER] and without this care, I wouldn't be able to go to work every day.

"Because my child(ren) have access to reliable child care I can continue to work, and because I work our economy continues to grow. Thank you for your support of child care, because child care supports all of us."

## How to Record Your Video:

- On your phone, record a brief (30 seconds or less) video of yourself. Choose a prompt above or create your own.
- Practice before recording. Be yourself!
- Ready? Find a recording location with good lighting. Try to hold your phone vertically and steadily or prop it on a steady object.

### How to Post Your Video:

Post on your personal social media pages. Tag your early learning program, Start Strong PA, and your legislators.

