

# How to Find, Choose, and Pay For High-Quality Child Care: A Guide for Families

Choosing child care for the young children in your life can be less stressful if you know what to look for when determining whether or not a program is "high-quality".





## Here's what to look for:

## Caregivers who:

- · communicate through talk and touch, songs, and stories
- engage at the child's level, sitting, squatting, or laying on the floor
- use a warm and supportive tone of voice while addressing behavior or redirecting attention

## Classrooms and settings that include:

- organized, clean, and accessible materials for children to select without adult assistance
- a variety of materials available for all types of play:
  physical—developing gross and fine motor skills
  object—sensory tables with rice, sand, or water, loose parts play
  dramatic—costumes, housekeeping, or kitchen objects
  constructive—art materials, blocks
  games with rules—fingerplays to music or books, board games

#### Curriculum:

· play-based and allows for exploration, creativity, and inquiry

### Family Engagement that includes:

- · an open-door policy for family members to drop-in
- · regular updates about a child's day
- special events, family nights, and programming in the evenings or on weekends

#### Designations like:

- Pennsylvania Keystone STARS\*
  - licensed child care programs in Pennsylvania have a state rating from STAR 1 through 4; STAR 3 and STAR 4 are considered "high quality"
- · National Accreditations\*
  - additional markers of "high quality"
    - National Association for the Education of Young Children (NAEYC)
    - National Association of Family Child Care (NAFCC)
- Pre-K Counts and Head Start (in schools or communitybased settings)
- \* Note that only licensed child care programs may participate in these ratings systems.



#### **COMPASS**

## http://www.findchildcare.pa.gov

Search by: location; child's age; program type; setting type (school-based, child care center, home-based); hours or schedule available; quality by STAR rating or accreditation; and more

### Early Learning Resource Center (ELRC)

www.raiseyourstar.org

## United Way of Pennsylvania

Call 2-1-1

Text your zip code to 898-211

www.uwp.org/programs/2-1-1/



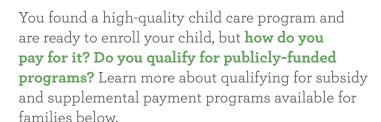
After searching for an affordable high-quality program, too many families find themselves making compromises in the process. Affordable programs fill up quickly and many have long waiting lists. Simply put, there are just not enough high-quality slots to meet the needs of all families.

Start Strong PA supports children, families and the economy by advocating for increased access to and affordability of high quality child care programs.

We invite you to join our effort to expand access to high-quality, affordable child care:

Sign-up for advocacy action alerts www.startstrongpa.org/join-us





#### **Pre-K Counts**

300% of federal poverty guidelines

School-day, school-year program for children ages three and four: may give preference to four year olds

#### Child Care Works

200% of federal poverty guidelines

Children ages birth to 12 may receive a voucher to attend a child care program based on family or household's school or work schedule; a small co-pay is required from the family

#### **Head Start**

100% of federal poverty guidelines

School-day, school-year program for children ages three and four; may give preference to four year olds

### **Early Head Start**

100% of federal poverty guidelines

Early Head Start serves children birth to age two in home-based or center-based programs; most programs are not full-time care

#### Federal Poverty Guidelines 2023

| PERSONS IN<br>HOUSEHOLD* | 100%     | 200%      | 300%      |
|--------------------------|----------|-----------|-----------|
| 1                        | \$14,580 | \$29,160  | \$43,740  |
| 2                        | \$19,720 | \$39,440  | \$59,160  |
| 3                        | \$24,860 | \$49,720  | \$74,580  |
| 4                        | \$30,000 | \$60,000  | \$90,000  |
| 5                        | \$35,140 | \$70,280  | \$105,420 |
| 6                        | \$40,280 | \$80,560  | \$120,840 |
| 7                        | \$45,420 | \$90,840  | \$136,260 |
| 8                        | \$50,560 | \$101,120 | \$151,680 |

• For families/households with more than 8 persons, add \$5,140 for each additional person.

Even if you do not qualify at the levels listed above, many programs offer their own independent scholarships or tuition assistance programs. Ask each program you are considering about financial assistance.